



## Dobrna Medical PRICELIST 2026

### THERMAL WATER AS THE MAIN HEALING FACTOR AT TERME DOBRNA

The thermal spring in Dobrna was already known to the ancient Celts and Romans. **In 1403, the water was first used for health purposes.** Since 1542, the thermal water has been considered an **ideal remedy for the treatment of gynecological and urological diseases, rheumatic and rheumatism-related conditions, as well as for diseases and injuries of the musculoskeletal system.**

The Dobrna thermal spa is also beneficial for patients with peripheral vascular diseases, neurological disorders, diabetes, high blood pressure, mild heart conditions, and respiratory diseases. For decades, thermal water has been successfully used to strengthen the body and improve the overall psychophysical condition of individuals and groups.

**The main healing factor is calcium–magnesium–hydrogen carbonate alkaline water, with a temperature at the spring of approximately 35–36.5 °C.**

Due to the calcium ions it contains, Dobrna thermal water has anti-inflammatory and anti-allergic effects in chronic inflammations of the digestive and urinary systems. It also accelerates the elimination of excess water from the body and indirectly aids in the removal of gallstones and kidney stones.

Under laboratory conditions, **the healing effects of water from Terme Dobrna** were studied on skin cell cultures. The **results show that this thermal water has a statistically significant positive effect** on the growth of **keratinocytes and fibroblasts**—both types of skin cells—by accelerating their growth. Therefore, the **use of thermal water is recommended for preventive and therapeutic treatment of skin diseases.**

### Composition of the thermal water:

| Component          | g/l      |  | Component                        | g/l      |
|--------------------|----------|--|----------------------------------|----------|
| Lithium            | 0,000005 |  | Potassium                        | 0,00093  |
| Sodium             | 0,00393  |  | Calcium                          | 0,0744   |
| Magnesium          | 0,0210   |  | Chloride                         | 0,00110  |
| Aluminum           | 0,000014 |  | Sulfate                          | 0,0179   |
| Zinc               | 0,000034 |  | Hydrogen carbonate (Bicarbonate) | 0,3186   |
| Nitrate            | 0,00142  |  | Iron                             | 0,000026 |
| Hydrogen phosphate | 0,00005  |  | Copper                           | 0,000016 |



| VITAMIN COCKTAILS             | Price in EUR |
|-------------------------------|--------------|
| Cocktail Grand Vita*          | 220,00       |
| Amino Acid Cocktail*          | 275,00       |
| Cocktail Vita*                | 198,00       |
| Vitamin C Booster*            | 175,00       |
| * Intravenous vitamin therapy |              |

## PHYSIOTHERAPY

| KINESIOTHERAPY                                                                                                                                                             | Price in EUR |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| Bowen therapy for adults (55 min)                                                                                                                                          | 55,00        |
| Bowen therapy for infants (30 min)                                                                                                                                         | 35,00        |
| Professional consultation with physiotherapist (20 min)                                                                                                                    | 25,00        |
| Individual therapeutic exercises (20 min)                                                                                                                                  | 25,00        |
| Physiotherapy treatment (up to 30 min) <sup>2</sup>                                                                                                                        | 44,00        |
| Physiotherapy treatment (up to 50 min) <sup>2</sup>                                                                                                                        | 60,00        |
| Manual physiotherapy (up to 30 min)                                                                                                                                        | 44,00        |
| Specialized neurological Bobath therapy (60 min)                                                                                                                           | 66,00        |
| Therapeutic scar treatment (up to 30 min)                                                                                                                                  | 40,00        |
| Manual Physiotherapy Package<br>(spine, neck, lower back, hips, knees, shoulder girdle)<br>(5x physiotherapy treatment 30 min, 5x thermal bath 20 min, 2x kinesio taping)* | 308,00       |
| Kinesio taping application                                                                                                                                                 | 17,00        |
| Joint mobility measurements                                                                                                                                                | 13,00        |
| Pain Relief Package<br>(2x laser, 2x hand massage 15 min, 2x thermal bath, 3x therapeutic exercises)                                                                       | 143,00       |
| Physiotherapy treatment – small / 12 therapies (min. 3 days, max. 6 days)*                                                                                                 | 208,00       |
| Physiotherapy treatment – medium / 24 therapies (min. 6 days, max 10 days)*                                                                                                | 384,00       |
| Physiotherapy treatment – large / 32 therapies (min. 7 days, max 10 days)*                                                                                                 | 439,00       |
| Manual muscle strength test                                                                                                                                                | 17,00        |
| Passive exercise with dynamic splint (Kinetec or Artromot, 30 min)                                                                                                         | 22,00        |
| Gait training (15 min)                                                                                                                                                     | 17,00        |
| Individual room exercise (30 min)                                                                                                                                          | 44,00        |

\* No additional discounts apply to packages.

<sup>2</sup> Treatments may include various devices (shockwaves, K-Laser) and manual techniques.

| ELECTROTHERAPY                                         | Price in EUR |
|--------------------------------------------------------|--------------|
| Shockwave therapy (first treatment incl. consultation) | 66,00        |
| Shockwave therapy (each additional session)            | 55,00        |
| Shockwave package                                      | 350,00       |



|                                                 |       |
|-------------------------------------------------|-------|
| (5× shockwave + 5× manual physiotherapy 20 min) |       |
| K-Laser (1 treatment)                           | 22,00 |
| Ultrasound (10 min)                             | 17,00 |
| Electrotherapy (15 min)                         | 17,00 |
| Inter X (25 min)                                | 27,00 |
| Magnetotherapy (15 min)                         | 17,00 |
| Bioptron light therapy (10 min)                 | 17,00 |
| Bioptron color therapy (10 min)                 | 27,00 |
| Galvanic bath                                   | 17,00 |
| BioSpectrum arc (15 min)                        | 22,00 |
| Mechanical lymph drainage (15 min)              | 27,00 |
| Mechanical lymph drainage (30 min)              | 44,00 |
| Tecar (20 min)                                  | 30,00 |

## THERMOTHERAPY

Price in EUR

|                                 |       |
|---------------------------------|-------|
| Thermotherapy (Thermopack)      | 11,00 |
| Cooling with Hilotherm (20 min) | 17,00 |
| Paraffin                        | 22,00 |

## HYDROKINESIOTHERAPY

Price in EUR

|                                    |       |
|------------------------------------|-------|
| Exercises in Hubbard tank (20 min) | 30,00 |
|------------------------------------|-------|

## THERAPEUTIC MASSAGES

Price in EUR

|                                                                                                             |        |
|-------------------------------------------------------------------------------------------------------------|--------|
| Therapeutic lymph drainage (30 min)                                                                         | 44,00  |
| Therapeutic lymph drainage (15 min)                                                                         | 28,00  |
| Foot reflexology massage (30 min)                                                                           | 38,00  |
| Therapeutic hand massage – partial (15 min)                                                                 | 22,00  |
| Therapeutic hand massage (30 min)                                                                           | 39,00  |
| Therapeutic hand massage (50 min)                                                                           | 49,00  |
| Pain Relief Massage (50 min)                                                                                | 66,00  |
| (25 min massage + pain-relief wrap – 25 min)                                                                |        |
| Partial Massage Package                                                                                     | 187,00 |
| (10× partial manual massage – 15 min)                                                                       |        |
| Partial Massage Duration Extension Package                                                                  |        |
| (additional charge for extra 15 minutes added to an existing partial massage (15 min) – package 5× +15 min) | 82,00  |
| Applicable only to patients who already have prescribed partial massages by a physician.                    |        |

## PELOID THERAPY AND THERMAL BATHS

Price in EUR

|                                                                                |       |
|--------------------------------------------------------------------------------|-------|
| Peloid Therapy (inorganic and organic peloids) – partial, single area (20 min) | 19,00 |
| Peloid Therapy (inorganic and organic peloids) – full, two areas (20 min)      | 29,00 |
| Hand packs (inorganic and organic peloids) (20 min)                            | 19,00 |



|                                                                    |       |
|--------------------------------------------------------------------|-------|
| Thermal bath with peloids (inorganic and organic peloids) (20 min) | 27,00 |
| Thermal water bath (20 min)*                                       | 22,00 |
| Herbal bath (20 min)*                                              | 27,00 |
| Epsom salt bath (20 min)*                                          | 27,00 |
| Detox bath (20 min)*                                               | 27,00 |
| Herbal supplement                                                  | 6,00  |

\* Packages are not eligible for additional discounts.

\*\* 10% discount applies for prepayment of 5 therapies.

## INFORMATION & RESERVATIONS – MEDICAL CENTRE RECEPTION

T: +386 3 78 08 140

E: [zdravstvo@terme-dobrna.si](mailto:zdravstvo@terme-dobrna.si)

[www.terme-dobrna.si/en](http://www.terme-dobrna.si/en)

## OPENING HOURS

Mon–Fri: 7:00–20:00

Sat and Holidays: 7:00–14:00

Damjan Hempt,  
*General Manager Terme Dobrna d.d.*

**Price list valid from 22. 6. 2026.** Prices are in EUR and include VAT. We reserve the right to change prices and conditions and to correct printing errors.